



Ohio Healthy Program Requirements for Recognition

Ohio Healthy Program (OHP) is being revised, with changes taking effect July 1, 2026 ohp@occrra.org

OHP, funded by the Ohio Department of Health, recognizes early care and education and out-of-school time programs for implementing changes within their program to create a healthy environment for children to learn and grow.

Requirements for Recognition:

Staff Training

- Complete the required *Ohio Healthy Program* training; Online, self-paced, Ohio Approved, 3.0 contact hours.
- Required for: Administrator(s), Lead teachers, Family child care owner.
- Training completion is automatically pulled from the Ohio Professional Registry (OPR).
 - Employment in OPR Profile must include: Role(s) and for Lead teachers: age group(s) served.

OHP Policy

- Adopt, implement, and add an OHP policy to the program handbook.
- Policy must not duplicate licensing and:
 - Address at least one of these topics:
 - ~Breastfeeding ~ Child Nutrition ~Farm to ECE/School ~Healthy Gatherings
 - ~Oral Health ~Physical Activity ~ Provider Wellness
- Enter into application: Policy and date of implementation

Family Engagement

- Implement Family Engagement Activity after completing *Ohio Healthy Program* training.
- Activity type (one required):
 - ~Article/weblink ~Bulletin board ~In-person event ~Newsletter ~Virtual/online event
- Must address at least one of these topics:
 - ~Breastfeeding ~ Child Nutrition ~Farm to ECE/School ~Healthy Gatherings
 - ~Oral Health ~Physical Activity
- Enter into application: Date the activity was held or posted

Program Impact

- Provide a few sentences on “what do you feel has been most impactful to your program, children, families, and/or staff as a result of your participation in Ohio Healthy Program.”