

# Ohio Department of Mental Health and Addiction Services

Early Childhood Mental Health
Training Institute
Fiscal Year 2024, 4<sup>th</sup> Quarter
April 1st-June 31st
Training Bulletin







## OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

## WHOLE CHILD MATTERS EARLY CHILDHOOD MENTAL HEALTH

\*

MASTER TRAINERS' BULLETIN

OF

**EVIDENCED – BASED PRACTICES** 

**AND** 

NATIONAL MODELS

**QUARTER 4 FISCAL YEAR 2024** 

April 1st-June 31st

\*

Acknowledgements:

Maureen S. Black, Ph.D., IECMH Workforce Development Consultant Ashlynn Jarvis, Training Support Specialist



### **Table of Contents**

Infant and Early Childhood Mental Health Overview	3
The Historic 2019 EC Systems Conference	3
Whole Child Matters: Early Childhood Mental Health Initiative and Ohio Prescho Prevention Partnership	_
Ohio's Early Childhood Mental Health Training Institute	4
The Master Trainer Role	4
Meet the Master Trainers	4
FY2024 Quarter 4 Training Institute Scheduled Trainings	8
Ohio Professional Registry Error! Book	mark not defined.
Get Started	10
Infant and Early Childhood Mental Health Consultant Credential	10
IECMHC Resources	10
Maintaining Your Record	11
Whole Child Matters Partner Agencies	11
Contact OhioMHAS Training Institute Administrative Staff	12



#### Welcome

Welcome to the Ohio Department of Mental Health and Addiction Services (OhioMHAS), Early Childhood Mental Health (ECMH) Training Bulletin. This bulletin contains Ohio Approved Trainings conducted through the OhioMHAS, ECMH Training Institute for Ohio's Early Childhood Mental Health Professionals. Additional information about Ohio's Early Childhood Mental Health Initiative can be found on the OhioMHAS website at <a href="mailto:mha.ohio.gov/ecmh">mha.ohio.gov/ecmh</a>.

#### **Infant and Early Childhood Mental Health Overview**

Early relationships and experiences at home and in other environments set the stage for how a child learns to manage his or her emotions. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) provides cross-system leadership through its Infant and Early Childhood Mental Health (IECMH) initiative that supports evidence-based training to equip parents and professionals across multiple systems with the skills to help children develop into mentally healthy individuals. Parents, teachers, and other professionals who effectively nurture, support, and connect with young children, especially those experiencing social or emotional difficulty, can ameliorate future disabling problems.

The IECMH initiative is aimed at promoting healthy social and emotional development (i.e., good mental health) of young children (birth to six years). It focuses on ensuring children thrive by addressing behavioral health care needs, which increases their readiness for school and later academic success. This is accomplished by building protective factors in young children's lives and increasing competencies and skills of parents and professionals working with children and families. Much of the development and implementation of the Ohio IECMH program has been built upon the research and resources available from the Georgetown University Center for Child and Human Development.

#### **The Historic 2019 EC Systems Conference**

Ohio's 2019 Early Childhood Cross Systems Conference was truly historic. Each of Ohio's Early Childhood state agencies collaborated for the first time to offer a fully integrated systems approach early childhood conference. Each day an agency took the lead and sponsored mental health, disability, and health specific sessions. There were cross-systems sessions designed to promote increased collaboration and improved outcomes among all early childhood professionals. In addition to the keynotes, participants were inspired by remarks from the new state agency leadership and participated in an interactive early childhood Wellness Fair. Sponsoring state agencies included the Ohio Department of Mental Health and Addiction Services, Ohio Department of Developmental Disabilities, Ohio Department of Health, Ohio Department of Medicaid, Ohio Department of Jobs and Family Services and the Ohio Department of Education.

https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-health/Conferences

## Whole Child Matters: Early Childhood Mental Health Initiative and Ohio Preschool Expulsion Prevention Partnership

The foundations of sound mental health are built early in life. State grants to regional providers enable counselors to work with teachers, staff, and families of at-risk children in preschools and other early learning settings. The Whole Child Matters initiative promotes a strong mental health foundation for children to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused assistance to parents, teachers, and staff. Call the Ohio Preschool Expulsion Prevention Partnership at 1-844-678-ABCs (2227) to find a provider in your county.

#### Ohio's Early Childhood Mental Health Training Institute

Ohio's ECMH Training Institute is designed to share best practices with the field and provide professional development opportunities to early childhood mental health (ECMH) professionals seeking the Ohio ECMH Credential. The purpose and goal of the training institute is to prepare ECMH professionals to deliver quality service to early learning centers and families; and to ensure providers have competency in the six domains of ECMH: Social and Emotional Growth and Development, Family and Community Relations, Assessment, Interventions, Professional Development, Cultural and Linguistic Competency. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) serves as the sponsoring body for the Infant Early Childhood Mental Health (IECMH) Credentials. OhioMHAS is a partner agency in Governor DeWine's Children's Initiative. The Ohio Child Care Resource and Referral Association (OCCRRA) manages the IECMH provider's profile, processes applications for all Ohio's early childhood credentials through the Ohio Professional Registry and hosts Ohio Approved (OA) Training data.

#### **The Master Trainer Role**

Ohio Department of Mental Health and Addiction Services Bureau of Children, Youth and Families provides funding for up to seven master trainers to provide statewide training and technical assistance to infant and early childhood mental health counselors and consultants. The goal is to get the "right care, to the right children, at the right time" early enough to make the difference in their education and future success by deploying Ohio's experts in infant and early childhood mental health to reduce and eliminate preschool to kindergarten expulsions. The position is designed to increase capacity of Infant and Early Childhood Mental Health Professionals statewide to provide rapid response to early learning settings when parents, teachers or program directors have a need for help to stabilize a student's emotional or behavioral classroom adjustment.

#### **Meet the Master Trainers**

Please note, the name of each master trainer is color coded to match the region of the map on page 7 that they cover.



Lynn Belhorn, B.S., Nationwide Children's Hospital Lynn is employed by Nationwide Children's Hospital in Columbus as a regional Master Trainer, serving 17 counties in the Central Ohio area through the Whole Child Matters Grant. She has 35+ years of experience in a variety of public and private settings, providing early childhood education and community prevention services in early childhood mental health. Lynn's work has included direct services with toddlers through school-aged children, supervision, coordination, and program administration. Lynn.belhorn@nationwidechildrens.org



Katy Carpenter, MSW, LISW-S, Nationwide Children's Hospital Katy is currently a regional master trainer and an Early Childhood Mental Health consultant for Nationwide Children's Hospital in Columbus, OH. Katy received her Bachelor of Social Work from Indiana University and her Master of Science in Social Work from University of Louisville. Katy began working in the field in 2016 in a therapeutic day treatment program for children ages 3-5 with severe trauma and behavioral needs. Katy then provided outpatient therapy for children and families for 2 years before becoming an Early Childhood Mental Health consultant in 2019. Katy is regional master trainer under the Whole Child Matters Grant and continues to provide consultation and

prevention services in the Columbus area. Katy currently holds her ECMH credential and is an independently licensed social worker. <u>Katlin.Carpenter@nationwidechildrens.org</u>



James (Jim) Flynn, MSSA, LISW-S, Positive Education Program James Flynn has been working in the field of mental health for 32 years and in the past 21 years his practice has been almost exclusively in the field of Early Childhood Mental Health. He has held the positions of mental health therapist, medical social worker, clinical supervisor, classroom consultant and parent resource consultant. He is currently a master trainer for the State of Ohio under the Whole Child Matters Grant and the Director of Early Childhood Plus for the Positive Education Program in Cleveland. James has a master's degree in social service administration from the Mandel School of Applied Social Sciences. James is a Licensed Independent Social Worker with a supervisory designation, and he has certifications in Early Childhood Mental Health Consultation and Infant Mental Health through the State of Ohio.

He recently completed his phase two level certification in the Neurosequential Model of Therapeutics.

iflynn@pepcleve.org



Rachael Theis, B.S., Children's Resource Center Rachael is a credentialed Early Childhood Mental Health Consultant and Master Trainer with Children's Resource Center in Bowling Green, OH. She moved into the mental health field as a consultant in 2008 and has since been assisting teachers in the Northwest Region of the state by providing professional training in Early Childhood Social and Emotional Development. Rachaelt@crcwoodcounty.org

#### Ava T. Lucky, MSW, LSW, ECMH-C, OIMHP--III



Ava has nearly 30 years' experience supporting children, families and caregivers in early care and education. Throughout her employment, Ava has worked as a teacher, supervisor, licensed center administrator and has provided professional development training to licensed center-based and family childcare professionals. For the past 8 years, Ava has supported children and caregivers to foster targeted social & emotional developmental needs in homes, early learning environments and throughout communities in Northeast Ohio. "It is my privilege to serve child serving professionals across Ohio as Master Trainer." Ava holds social work degrees from Ursuline College, Cleveland State University, and a Graduate Certificate in Early Intervention from

Georgetown University School of Continuing Studies. Ava is employed as Trainer/Consultant at Positive Education Program in Cleveland, Ohio. alucky@pepcleve.org



Colleen Wallace, M.S., Nationwide Children's Hospital Colleen is employed by Nationwide Children's hospital, Columbus as a regional Master Trainer and IECMH Consultant, serving 17 counties in the Central Ohio area through the Whole Child Matters Grant. She has 20+ years of experience, providing early childhood education and community prevention services in early childhood mental health. Colleen is particularly interested in the topics of relationship and connection but provides training on a variety of other topics. Colleen currently holds the Ohio Infant Mental Health Practitioner Level III (OIMHP-III) credential in the state of Ohio.

Colleen.Wallace@nationwidechildrens.org



Ikeshia Smith, PsyD, LSW, ECMH-C, Hopewell Health Centers Ikeshia is an IECMH Consultant and Master Trainer for Hopewell Health Centers, Inc. in Southeastern, Ohio. Dr. Smith specializes in providing trauma-informed, evidence-based treatment and psychological assessment services for children and their families. In addition, Dr. Smith works as an independent contractor for a group practice located in Mentor, Ohio, conducts mental health presentations in churches that services minority communities, and participates in local and state initiatives to promote equity and inclusion among disenfranchised communities and mental health professionals of color. Dr. Smith has a background working in child protective services, home health, and crisis stabilization. Dr. Smith graduated from Kent State University with her Bachelor of Science in Human Development and Family Studies in 2009, Case Western Reserve University with her

Master of Social Science in Administration in 2016 and earned her doctorate in Clinical Psychology from Capella University in 2021. Dr. Smith completed an APA-accredited internship with Hopewell Health Centers and postdoctoral training through OhioGuidestone with her placement at Cleveland Public Schools. She enjoys watching horror movies, traveling, basketball and track & field, and spending time with her nephew. <a href="mailto:Ikeshia.Smith@hopewellhealth.org">Ikeshia.Smith@hopewellhealth.org</a>



Erin Finley, LISW-S, ECMH-C, OIMHP-III, Hopewell Health Centers Erin Finley is an Infant and Early Childhood Mental Health Coordinator and Master Trainer for Hopewell Well Centers, Inc. in Southeastern, Ohio. Erin has provided Southeastern Ohio with mental health services for the past 8 years; serving as a case manager, schoolbased therapist, Infant and Early Childhood Therapist/ Consultant, clinical supervisor, and coordinator. Erin is certified to provide Parent Child Interaction Therapy and Child Parent Psychotherapy. In addition, she is trained in Eye Movement Desensitization and Reprocessing Therapy, holds an Early Childhood Mental Health Credential, Infant Mental Health Level III Credential, and Trauma Informed Care Credential. Erin graduated with her bachelor's and master's degree from Ohio University in Athens. She resides Noble currently in County with her 2-year-old son. Erin.Finley@hopewellhealth.org



Monique Sangialosi, BA, Alta Care Group I started on my journey in early childhood about 11 years ago as a preschool teacher for Head Start in Mahoning County. Throughout my time, I assumed complex roles including that of an Education Supervisor and Disabilities Coordinator within the Head Start framework. My dedication to fostering early childhood development and supporting professionals engaged in this field has remained constant. Over recent years, my professional focus shifted towards the area of mental health within child development. My commitment to serving the holistic needs of children, families, and educators within our community has been a driving force in my career trajectory. In pursuit of furthering my expertise, I have recently embarked on a Master of Social Work Program, driven by my excitement

to expand my professional career. Simultaneously, I have assumed the position of Early Childhood Mental Health Supervisor at Alta Care Group and am starting my journey as a Master Trainer. It is with immense honor that I accept this role, recognizing the opportunity it affords to contribute towards Early

Childhood Mental Health services. I am deeply committed to making a positive impact on the lives of children and families within our community. <u>Moniques@altacaregroup.org</u>



#### **FY2024 Quarter 4 Training Institute Scheduled Trainings**

#### Training Descriptions are available on OCCRRA.org

In response to Covid 19, many professional development and training opportunities are being offered in an online platform (ZOOM). Please check the Ohio Professional Registry at occrra.org

Date	Title	Time	ST#	Trainer	Hrs
4/26/2024	Growing Brain: Unit 4	8AM-11AM	ST10141394	Other	3
4/30/2024	I'm Not Your Friend: Bullying in Preschool	6PM-9PM	ST10142780	Ava Lucky	3
5/3/2024	Challenging Behavior Session Two: Responding Appropriately to Challenging Behavior	1PM-3:30PM	ST10142809	Ava Lucky	2.5
5/7/2024	Where the Boys Are Version 3.0	1PM-4PM	ST10142781	Ava Lucky	3
5/8/2024	Leadership and the culture of communication: Putting down the armor	6PM-7:30PM	ST10142804	Ava Lucky	1.5
5/9/2024	Leadership; Who we are is how we lead: empathy, values, and feedback	6PM-7:30PM	ST10142805	Ava Lucky	1.5
5/10/2024	DECA Skills	9AM-11AM	Not Ohio Approved	Rachael Theis	2
5/13/2024	Toxic Stress to Safe Zone Level 2: Becoming a Trauma Informed Early Learning Professional	12PM-3PM	ST10143403	Lynn Belhorn	3
5/14/2024	Building Resilient Classrooms - Session 5 - Choices	6PM-8PM	ST10142576	Colleen Wallace	2
5/14/2024	Leadership is a two-way street: skills for leaders and colleagues part 1	6PM-7:30PM	ST10142806	Ava Lucky	1.5
5/15/2024	Building Attachment and Attunement Using Social Play in Infant and Toddler Classrooms	6PM-9PM	ST10142583	Colleen Wallace	3
5/15/2024	Leadership is a two-way street: skills for leaders and colleagues part 2	6PM-7:30PM	ST10142807	Ava Lucky	1.5
5/16/2024	Creating Teamwork and Motivation	1PM-3:30PM	ST10142782	Ava Lucky	2.5
5/20/2024	Attachment: The Basics - Beyond the Hugs & Kisses	4PM-7PM	ST10143623	Lynn Belhorn	3
5/21/2024	Building Resilient Classrooms #6 - Empathy	6PM-9PM	ST10142577	Colleen Wallace	3
5/21/2024	Standards in the Context of Developmentally Appropriate Practice: Preschool	9AM-12PM	ST10142783	Ava Lucky	3
5/22/2024	Challenging Behavior Session Four: Interventions for Challenging Behavior	1PM-3:30PM	ST10142811	Ava Lucky	2.5

5/22/2024	Challenging Behavior Session Three: Behavior Planning for Challenging Behavior	9AM-11:30AM	ST10142810	Ava Lucky	2.5
5/22/2024	You Are Amazing!	6PM-8PM	ST10142812	Ava Lucky	2
5/31/2024	Growing Brain: Unit 5	12:30PM-3:30PM	ST10141395	Other	3
6/4/2024	Building Resilient Classrooms #7 - Positive Intent	6PM-8PM	ST10142578	Colleen Wallace	2
6/4/2024	PAX Tools for Communities	9AM-11:30AM	ST10142784	Ava Lucky	2.5
6/5/2024	Emotional and Social Safety in the Workplace	1PM-3:30PM	ST10142785	Ava Lucky	2.5
6/5/2024	FLIP IT!	9PM-4PM	ST10142620	Colleen Wallace	6
6/5/2024	Supporting Secure Attachment in Early Learning Environments	9AM-12PM	ST10143624	Lynn Belhorn	3
6/10/2024	Baby Talk: The Basics-An Introduction to Conversation with Infants & Toddlers	12PM-2:30PM	ST10143625	Lynn Belhorn	2.5
6/11/2024	Building Resilient Classrooms #8 - Consequences	6PM-8PM	ST10142580	Colleen Wallace	2
6/14/2024	DECA Skills	9AM-11AM	Not Ohio Approved	Rachael Theis	2
6/18/2024	Bridging the Generation Gap	4PM-7PM	ST10143626	Lynn Belhorn	3
6/18/2024	Prescriptions for Preventing Power Struggles	9AM-11:30PM	ST10142786	Ava Lucky	2.5
6/18/2024	Professional Boundaries in Working with Families of Young Children	6PM-9PM	ST10142813	Ava Lucky	3
6/20/2024	Ohio Model of IECMH Consultation	9AM-4PM	ST10142816	Ohio MT Team	12
6/25/2024	Diversity, Equity, and Inclusion in Early Childhood Classrooms	9AM-12PM	ST10142787	Ava Lucky	3
6/26/2024	Stress Management for the Caring Professional	9AM-11:30AM	ST10142788	Ava Lucky	2.5
6/28/2024	Growing Brain: Unit 6	8AM-11AM	ST10141396	Other	3
6/29/2024	Exploring & Understanding Behavior Through the Context of Sensory Systems	9AM-11:30PM	ST10143404	Lynn Belhorn	2

#### **Ohio Professional Registry**

The Ohio Professional Registry is a centralized information system for early childhood and afterschool professionals. Ohio's web based professional registry allows professionals to document and track their career growth and accomplishments as well as to search and register for training opportunities offered statewide.

OCCRRA also coordinates the Early Childhood Mental Health and Ohio Infant Mental Health Credentials processes, as well as the "Ohio Approved" process for professional development opportunities. The goal is to ensure early learning and afterschool professionals receive high-quality professional development to maximize the learning and development of children in their care. Visit your Registry profile to apply to be an Ohio Approved Instructor, create a Training Organization, and submit professional development for Ohio Approval.

#### **Get Started**

To get started, create a profile, upload your supporting documents, and be recognized for your experience, education, credentials, and training in the Ohio Professional Registry. Follow the new user guide to learn how to document your employment, education, and training to fulfill Ohio's Early Childhood Mental Health and Infant Mental Health credentialing requirements.

#### **Infant and Early Childhood Mental Health Consultant Credential**

The Infant and Early Childhood Mental Health Consultation (IECMHC) Program objectives are to build protective factors in young children (from birth to six years of age who are at risk for abuse, neglect, and poor social/emotional health), increase skills of parents and promote the competencies of early childhood providers. IECMHC targets the healthy social and emotional development of all young children in Ohio to ensure they thrive and achieve success in school. Consultation requires practitioners to have formal preparations, certifications and licensure in children's mental health and experience working with young children and their families.

Since 2000, Ohio has recommended that IECMH practitioners be licensed mental health professionals. Everyone applying for an IECMH Credential will need to complete a personal profile in the *Ohio Child Care Resources* and Referral Association's (OCCRRA) Professional Development Registry. If already completed, you would not have to reenter for the credential. You will need your OPIN number and to have met the Core Competencies course requirements.

Please note, to obtain the IECMHC, the Ohio Model of Infant and Early Childhood Mental Health Consultation and the Devereux Early Childhood Assessment (DECA) trainings are required. An additional fifteen hours of training must be completed in the flowing areas: social emotional growth and development, family & community relations, assessment, interventions, and cultural and linguistic competency. Please visit <a href="https://occrra.org/ohio-professional-registry/early-childhood-mental-health/">https://occrra.org/ohio-professional-registry/early-childhood-mental-health/</a> for complete guidance.

#### Ohio Infant Mental Health (OIMH) Credential - Established March 2020

The launch of the Ohio Infant Mental Health (OIMH) Credential expands our formalized specialization and certification of the IECMH professions in Ohio. The overarching purpose of this OIMH credential is endorsed by the Governor's Office to achieve the Goal of implementing a set of nationally recognized skills and core competencies that will be developmentally appropriate and anchored in relationship-based practices that support the needs of infants and caregivers to reach their greatest wellness.

The Three (3) OIMH Credential Levels are Ohio Infant Family Affiliate Level I (OIFA-I) Ohio Infant Family Practitioner Level II (OIFP-II) Ohio Infant Mental Health Practitioner Level III (OIMHP - III). Every early childhood system partner including providers of childcare, early learning and education, home visiting, early intervention, maternal health, and infant and early childhood mental health plays a key role in the achievement of good infant/caregiver outcomes. Ohio recognizes the need for early childhood system professionals to have specialized skills and training while working with Ohio's pregnant women, infants, and toddlers. As such, the Ohio Infant Mental Health Credential is accessible to all Ohio early childhood professionals and is leveled to the right scope of practice for each service-delivery system partner. <a href="https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-Health/Infant-Mental-Health-Credential">https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-Health/Infant-Mental-Health-Credential</a>

### IECMHC Resources Devereux

Tools & Recourses for Infant/Early Childhood Mental Health Consultants

https://centerforresilientchildren.org/iecmhc/
Devereux Professional Development Opportunities
https://centerforresilientchildren.org/dcrc-professional-development/

#### **Devereux Center for Resilient Children (DCRC) Resources**

https://centerforresilientchildren.org/free-resources/

#### Georgetown University

Center of Excellence for Infant & Early Childhood Mental Health Consultation

https://www.iecmhc.org/virtual-trainings-portal/

#### **Yale University**

Yale School of Medicine Child Study Center Webinar Calendar

https://medicine.yale.edu/childstudy/search/?entityType=Event&calendar=childstudy

## Additional Training Resources: Infant Mental Health Credential Online Trainings

Below are available <u>Asynchronous</u> Trainings (online, pre-recorded, not delivered in real time)

Title	OCCRRA ST#	Training Author
Building Resiliency in Infants, Young Children, and Their Caregivers	ST10120224	Misty Cole
Failure to Thrive (FTT) What Touch Can Do (Tiers II & III)	ST10108144	William Mosier
IECMH Assessment: What's Out There and How It Benefits Treatment	ST10120461	Dr. Jennifer Lackey
(Tiers II & III)		Misty Cole
Infant Mental Health: Cognition Growth and Development (Tiers II & III)	ST10116372	Ross Nunamaker
Infant Mental Health Interventions & Treatment Modalities (Tier III)	ST10108141	Erin Lucas
Supporting Families & Caregivers w/Infants that Have Complex Needs	ST10108103	Grace Schoessow
(Tiers II & III)		
Why Race Matters in IMH Outcomes (Tiers I, II & III)	ST10108142	Dr. Janeece Warfield
Why Place Matters in IMH Outcomes (Tiers I, II & III)	ST10108149	Jon Kinsel
Neonatal Abstinence Syndrome (Tiers II & III)	ST10124032	Maria Jirousek
Neonatal Abstinence Syndrome: Prenatal to Four Months (Tiers II & III)	ST10120517	Visiting Presenter
Toxic Stress to Safe Zone (Tiers II & III)	ST1018152	Misty Cole

#### **Maintaining Your Record**

Each time you complete training, acquire education and credentials, or change employment, please update your professional profile as soon as possible. Be sure to upload required documentation for verification after changes are made.

• Phone: (614) 396-5959 • Toll-free: (877) 547-6978 • Email: credential@occrra.org

#### **Whole Child Matters Partner Agencies**

Ohio Partnership to Prevent Preschool Expulsion Hotline: 1-844-678-2227 The Whole Child Matters initiative promotes a strong mental health foundation for children to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused help to parents, teachers, and staff. For more information, please visit <a href="https://mha.ohio.gov/static/Portals/0/assets/SchoolsAndCommunities/Educators/NACH-2730-Preschool-Expulsion+flier07ee.pdf">https://mha.ohio.gov/static/Portals/0/assets/SchoolsAndCommunities/Educators/NACH-2730-Preschool-Expulsion+flier07ee.pdf</a>

Alcohol, Addiction, and Mental Health Boards (ADAMH) Ohio has a county-operated, state supervised behavioral health system made up of area behavioral health authorities, or boards. These boards plan, evaluate, and fund mental



#### Why Triple P works

health and addiction services locally. The boards contract with a wide range of providers for prevention, treatment, and recovery support for their community members. For your county's information, please visit <a href="https://mha.ohio.gov/community-partners/adamh-boards">https://mha.ohio.gov/community-partners/adamh-boards</a>

For a full list of Ohio's Whole Child Matters' Partners, please visit <a href="https://mha.ohio.gov/community-partners/early-childhood-children-and-youth/early-childhood-mental-health/whole-child-matters-map">https://mha.ohio.gov/community-partners/early-childhood-children-and-youth/early-childhood-mental-health/whole-child-matters-map</a>

#### **Contact OhioMHAS Training Institute Administrative Staff**

Misty Cole, MSW, LSW, IECMH Administrator

Misty.cole@mha.ohio.gov

Maureen Black, Ph.D., IECMH Workforce Development Consultant

Maureen.Black@mha.ohio.gov

Grace Kolliesuah, Chief, Bureau of Children, Youth & Families

Grace.Kolliesuah@mha.ohio.gov



The Triple P – Positive Parenting Program is one of the world's best. Backed by more than 330 trials and studies, Triple P gives you proven parenting strategies that will help you develop your child's talents and life-skills—so they

can be happy, confident, and successful. In the meantime, your home life will be happier, with rules followed, relationships stronger, and parents who are much less stressed.

## Now, there's Triple P Online, so you can set your own parenting goals, learning step-by-step whenever you like. It'll help you:

- Build a stronger bond with your child
- Support your child's life skills
- Encourage positive behavior and cooperation
- Use consistent strategies to manage bedtime and screen time battles
- Respond to problem behavior effectively, without yelling
- Take care of yourself and enjoy being a parent

#### START TODAY - IT'S COMPLETELY FREE!!

Right now, this world-class program is available FREE in Ohio, and you can do it all online!



### Register now: triplep-parenting.com/ohio

Free access to Triple P Online for Ohio parents has been funded by the Ohio Children's Trust Fund, and Department of Job and Family Services.







