

# Ohio Department of Mental Health and Addiction Services Early Childhood Mental Health Training Institute Fiscal Year 2023, 2<sup>nd</sup> Quarter October 1<sup>st</sup>-December 31<sup>st</sup> Training Bulletin







# OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

# WHOLE CHILD MATTERS EARLY CHILDHOOD MENTAL HEALTH

\*

MASTER TRAINERS' BULLETIN

**OF** 

**EVIDENCED – BASED PRACTICES** 

**AND** 

NATIONAL MODELS

**QUARTER 2 FISCAL YEAR 2023** 

October 1-December 31

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#### Acknowledgements:

Lisa Golden, LISW-S, Infant Early Childhood Mental Health, Lead Administrator
Maureen S. Black, Ph.D., IECMH Workforce Development Consultant
Grace Kolliesuah, Chief, Bureau of Children, Youth & Families
Ashlynn Jarvis, Training Support Specialist



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#### Welcome

Welcome to the Ohio Department of Mental Health and Addiction Services (OhioMHAS), Early Childhood Mental Health (ECMH) Training Bulletin. This bulletin contains Ohio Approved Trainings conducted through the OhioMHAS, ECMH Training Institute for Ohio's Early Childhood Mental Health Professionals. Additional information about Ohio's Early Childhood Mental Health Initiative can be found on the OhioMHAS website at mha.ohio.gov/ecmh.

#### **Infant and Early Childhood Mental Health Overview**

Early relationships and experiences at home and in other environments set the stage for how a child learns to manage his or her emotions. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) provides cross-system leadership through its Infant and Early Childhood Mental Health (IECMH) initiative that supports evidence-based training to equip parents and professionals across multiple systems with the skills to help children develop into mentally healthy individuals. Parents, teachers, and other professionals who effectively nurture, support and connect with young children, especially those experiencing social or emotional difficulty, can ameliorate future disabling problems.

The IECMH initiative is aimed at promoting healthy social and emotional development (i.e., good mental health) of young children (birth to six years). It focuses on ensuring children thrive by addressing behavioral health care needs, which increases their readiness for school and later academic success. This is accomplished by building protective factors in young children's lives and increasing competencies and skills of parents and professionals working with children and families. Much of the development and implementation of the Ohio IECMH program has been built upon the research and resources available from the Georgetown University Center for Child and Human Development.

#### The Historic 2019 EC Systems Conference

Ohio's 2019 Early Childhood Cross Systems Conference was truly historic. Each of Ohio's Early Childhood state agencies collaborated for the first time to offer a fully integrated systems approach early childhood conference. Each day an agency took the lead and sponsored mental health, disability and health specific sessions. There were cross-systems sessions designed to promote increased collaboration and improved outcomes among all early childhood professionals. In addition to the keynotes, participants were inspired by remarks from the new state agency leadership and participated in an interactive early childhood Wellness Fair. Sponsoring state agencies included the Ohio Department of Mental Health and Addiction Services, Ohio Department of Developmental Disabilities, Ohio Department of Health, Ohio Department of Medicaid, Ohio Department of Jobs and Family Services and the Ohio Department of Education.

https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-health/Conferences

# Whole Child Matters: Early Childhood Mental Health Initiative and Ohio Preschool Expulsion Prevention Partnership

The foundations of sound mental health are built early in life. State grants to regional providers enable counselors to work with teachers, staff and families of at-risk children in preschools and other early learning settings. The Whole Child Matters initiative promotes a strong mental health foundation for children to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused assistance to parents, teachers and staff. Call the Ohio Preschool Expulsion Prevention Partnership at 1-844-678-ABCs (2227) to find a provider in your county.

#### Ohio's Early Childhood Mental Health Training Institute

Ohio's ECMH Training Institute is designed to share best practices with the field and provide professional development opportunities to early childhood mental health (ECMH) professionals seeking the Ohio ECMH Credential. The purpose and goal of the training institute is to prepare ECMH professionals to deliver quality service to early learning centers and families; and to ensure providers have competency in the six domains of ECMH: Social and Emotional Growth and Development, Family and Community Relations, Assessment, Interventions, Professional Development, Cultural and Linguistic Competency. The Ohio Department of Mental Health and Addiction Services (OhioMHAS) serves as the sponsoring body for the Infant Early Childhood Mental Health (IECMH) Credentials. OhioMHAS is a partner agency in Governor DeWine's Children's Initiative. The Ohio Child Care Resource and Referral Association (OCCRRA) manages the IECMH provider's profile, processes applications for all Ohio's early childhood credentials through the Ohio Professional Registry and hosts Ohio Approved (OA) Training data.

#### **The Master Trainer Role**

Ohio Department of Mental Health and Addiction Services Bureau of Children, Youth and Families provides funding for up to seven master trainers to provide statewide training and technical assistance to infant and early childhood mental health counselors and consultants. The goal is to get the "right care, to the right children, at the right time" early enough to make the difference in their education and future success by deploying Ohio's experts in infant and early childhood mental health to reduce and eliminate preschool to kindergarten expulsions. The position is designed to increase capacity of Infant and Early Childhood Mental Health Professionals statewide to provide rapid response to early learning settings when parents, teachers or program directors have a need for help to stabilize a student's emotional or behavioral classroom adjustment.

#### **Meet the Master Trainers**





Lynn is employed by Nationwide Children's Hospital in Columbus as a regional Master Trainer, serving 17 counties in the Central Ohio area through the Whole Child Matters Grant. She has 35+ years of experience in a variety of public and private settings, providing early childhood education and community prevention services in early childhood mental health. Lynn's work has included direct services with toddlers through school-aged children, supervision, coordination and program administration. Lynn.belhorn@nationwidechildrens.org





# Katy Carpenter, MSW, LISW-S, Nationwide Children's Hospital

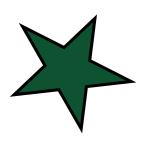
Katy is currently a regional master trainer and an Early Childhood Mental Health consultant for Nationwide Children's Hospital in Columbus, OH. Katy received her Bachelors of Social Work from Indiana University and her Master of Science in Social Work from University of Louisville. Katy began working in the field in 2016 in a therapeutic day treatment program for children ages 3-5 with severe trauma and behavioral needs. Katy then provided outpatient therapy for children and families for 2 years before becoming an

Early Childhood Mental Health consultant in 2019. Katy is regional master trainer under the Whole Child Matters Grant and continues to provide consultation and prevention services in the Columbus area. Katy currently holds her ECMH credential and is an independently licensed social worker. Katlin.carpenter@nationwidechildrens.org



#### Misty Cole, MSW, LSW, Hopewell Health Centers Inc.

Misty is a Regional Early Childhood Mental Health Master Trainer and Training Coordinator with Early Childhood Programs at Hopewell Health Centers in Athens, Ohio. Misty provides professional development opportunities in Ohio's Appalachian Counties for professionals working with children and families. Misty is particularly interested in the topics of trauma, implicit bias, and Appalachian Culture but provides training on a multitude of other topics. She has been a master trainer for eight years. Misty.cole@hopewellhealth.org





## James (Jim) Flynn, MSSA, LISW-S, Positive Education Program.

Jim has a master's degree in Social Service Administration from Case Western Reserve University. He also possesses the ECMH and has worked as a mental health therapist, clinical supervisor, program coordinator and classroom consultant. For the past 6 years, he has enjoyed his position as Master Trainer for the State of Ohio and has worked exclusively in the field of Early Childhood Mental Health since 2002. Jim is employed by the Positive Education Program in Cleveland, Ohio. jflynn@pepcleve.org

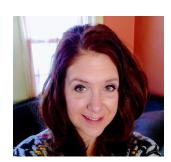


#### Marci Cullivan, BSAS, MSW, EMCH, OPCSA, Alta Care Group.

After graduating Youngstown State University with degrees in Education, prekindergarten teaching, as well as Family Studies and Psychology, Marci began working in the early childhood mental health field as an Early Childhood Mental Health Consultant. This includes working with children, families, and early care and education professionals with a focus on adult resiliency and building capacity in order to enhance children's social, emotional, and behavioral health. She is currently a Master Trainer under the Whole Child Matters Initiative through OhioMHAS, whereby she provides social, emotional, and behavioral trainings to early childhood staff, ECMH staff, and parents of young children.

MarciM@ALTACAREGROUP.org

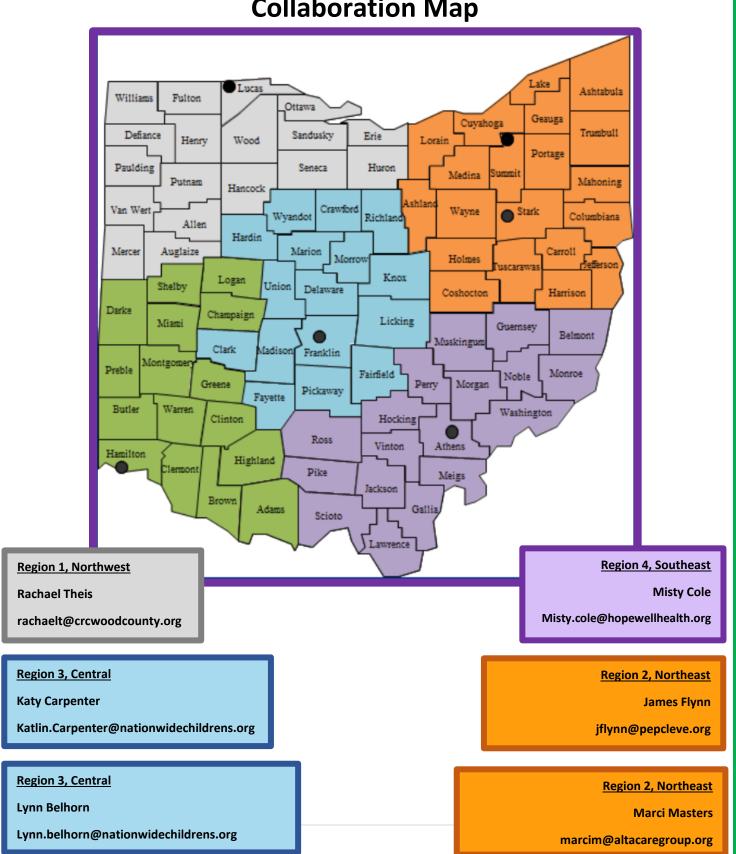




#### Rachael Theis, B.S., Children's Resource Center

Rachael is a credentialed Early Childhood Mental Health Consultant and Master Trainer with Children's Resource Center in Bowling Green, OH. She moved into the mental health field as a consultant in 2008 and has since been assisting teachers in the Northwest Region of the state by providing professional training in Early Childhood Social and Emotional Development. Rachaelt@crcwoodcounty.org

# Whole Child Matters Regional Training Collaboration Map



## FY2023 Training Institute 2<sup>nd</sup> Quarter Scheduled Trainings

Date   Title   Time   ST#   Trainer   Hours   10/11/2022   Practicing Mindfulness   9:00 a.m10:30 a.m.   ST10123640   Rachael Theis   1.5		OCCRRA				
10/13/2022	Date	Title	Time		Trainer	Hours
10/13/2022	10/11/2022	Practicing Mindfulness	9:00 a.m10:30 a.m.	ST10123640	Rachael Theis	1.5
10/17/2022				,	,	
10/17/2022	10/13/2022		11.00	ST10123641	Rachael Theis	2.5
10/18/2022			9:00 a.m11:30 a.m.	<del>                                     </del>	<del>                                     </del>	1
10/18/2022	10/17/2022	Hugs & Kisses	5:00 p.m8:00 p.m.	ST10123449	Lynn Belhorn	3
10/19/2022	10/18/2022	(1 of 2) Required for IECMH Credential	9:00 a.m4:00 p.m.	ST10121899		6
10/24/2022   Prescription for Preventing Power Struggles   6:00 p.m8:30 p.m.   ST10123424   Jim Flynn   2.5	10/19/2022	(2 of 2) Required for IECMH	9:00 a.m4:00 p.m.	ST10121900		6
10/25/2022   No Worriest Helping Young Children Cope   9:00 a.m10:30 a.m.   ST10123424   Jim Flynn   2.5	10/20/2022	Taking Care of Ourselves	12:00 p.m2:00 p.m.	ST10123450	Lynn Belhorn	2
10/25/2022   No Worries! Helping Young Children Cope   9:00 a.m10:30 a.m.   ST10123642   Rachael Theis   1.5	10/24/2022	Struggles	6:00 p.m8:30 p.m.	ST10123424	Jim Flynn	2.5
10/26/2022   Igniting Your Inner Happiness   6:00 p.m. 9:00 p.m.   ST10123782   Katy Carpenter   1.5	10/25/2022		9:00 a.m10:30 a.m.	ST10123642	Rachael Theis	1.5
10/27/2022   Understanding Behavior Through the Context of Sensory Systems   9:00 a.m10:30 p.m.   ST10123643   Rachael Theis   1.5	10/26/2022	What Can the IECMHC Do for You?		ST10123782	Katy Carpenter	
11/01/2022   Context of Sensory Systems   9:00 a.m10:30 p.m.   ST10123643   Rachael Theis   1.5	10/26/2022		6:00 p.m9:00 p.m.	ST10123425	Jim Flynn	3
11/01/2022   Appreciating Families   12:30 p.m3:30 p.m.   ST10123644   Rachael Theis   3	10/27/2022	Context of Sensory Systems	9:00 a.m10:30 p.m.	ST10123643	Rachael Theis	1.5
11/02/2022   Bridging the Generation Gap   9:00 a.m12:00 p.m.   ST10123645   Rachael Theis   3	11/01/2022		12:30 p.m3:30 p.m.	ST10123644	Rachael Theis	3
11/02/2022   Challenging Behavior Session One: Understanding & Preventing Challenging Behavior   10:00 a.m1:30 pm.   ST10123783   Katy Carpenter   2.5	11/02/2022				Rachael Theis	
11/02/2022   Bridging the Generation Gap   3:00 p.m6:00 p.m.   ST10123706   Lynn Belhorn   3	11/02/2022	Understanding & Preventing	10:00 a m -1:30 pm	CT10123783	Vaty Carnenter	25
11/03/2022   Protecting Play   3:30 p.m5:30 p.m.   ST10123707   Lynn Belhorn   2	11/02/2022			+		_
11/04/2022   Engaging, Understanding & Appreciating Families   6:00 p.m9:00 p.m.   ST10123426   Jim Flynn   3		1	1 1		•	
Appreciating Families 6:00 p.m9:00 p.m. ST10123426 Jim Flynn 3  11/07/2022 Supporting Secure Attachments in Early Learning Environments 3:00 p.m6:00 p.m. ST10123707 Lynn Belhorn 3  11/08/2022 Practical Approaches to Producing Trauma Informed Classrooms 1:00 p.m4:00 p.m. ST10123707 Lynn Belhorn 3  11/08/2022 Taking on Transitions: The Basics 8:30 a.m10:30 a.m. ST10123709 Lynn Belhorn 2  11/08/2022 Mindful Practices for Caregivers 9:00 a.m10:30 a.m. ST10123646 Rachael Theis 1.5  Challenging Behavior Session Two: Responding Appropriately to Challenging Behavior 10:00 a.m1:30 p.m. ST10124194 Katy Carpenter 2.5  11/09/2022 Leading, Encouraging, & Developing Resilient Early Learning Environments 12:00 p.m-3:00 p.m. ST10123705 Lynn Belhorn 3  11/10/2022 Planning for the Unexpected in ST10123647 Rachael Theis 2.5		Ų,	5.30 p.m5.50 p.m.	3110123707	Lymi Demoin	
11/07/2022Supporting Secure Attachments in Early Learning Environments3:00 p.m6:00 p.m.ST10123707Lynn Belhorn311/08/2022Practical Approaches to Producing Trauma Informed Classrooms1:00 p.m4:00 p.m.ST10123428Jim Flynn311/08/2022Taking on Transitions: The Basics8:30 a.m10:30 a.m.ST10123709Lynn Belhorn211/08/2022Mindful Practices for Caregivers9:00 a.m10:30 a.m.ST10123646Rachael Theis1.511/09/2022Responding Appropriately to Challenging Behavior10:00 a.m1:30 p.m.ST10124194Katy Carpenter2.511/09/2022Leading, Encouraging, & Developing 	11/04/2022		6:00 p.m9:00 p.m.	ST10123426	Jim Flynn	3
11/08/2022Practical Approaches to Producing Trauma Informed Classrooms1:00 p.m4:00 p.m.ST10123428Jim Flynn311/08/2022Taking on Transitions: The Basics8:30 a.m10:30 a.m.ST10123709Lynn Belhorn211/08/2022Mindful Practices for Caregivers9:00 a.m10:30 a.m.ST10123646Rachael Theis1.5Challenging Behavior Session Two: 11/09/2022Responding Appropriately to Challenging Behavior10:00 a.m1:30 p.m.ST10124194Katy Carpenter2.511/09/2022Leading, Encouraging, & Developing Resilient Early Learning Environments12:00 p.m-3:00 p.m.ST10123705Lynn Belhorn311/10/2022Prescriptions for Preventing Power Struggles9:00 a.m11:30 a.m.ST10123647Rachael Theis2.511/10/2022Planning for the Unexpected in	11/07/2022	Supporting Secure Attachments in				
11/08/2022Taking on Transitions: The Basics8:30 a.m10:30 a.m.ST10123709Lynn Belhorn211/08/2022Mindful Practices for Caregivers9:00 a.m10:30 a.m.ST10123646Rachael Theis1.5Challenging Behavior Session Two: Responding Appropriately to Challenging Behavior10:00 a.m1:30 p.m.ST10124194Katy Carpenter2.511/09/2022Leading, Encouraging, & Developing Resilient Early Learning Environments12:00 p.m-3:00 p.m.ST10123705Lynn Belhorn311/10/2022Prescriptions for Preventing Power Struggles9:00 a.m11:30 a.m.ST10123647Rachael Theis2.511/10/2022Planning for the Unexpected in9:00 a.m11:30 a.m.ST10123647Rachael Theis2.5	11/08/2022	Practical Approaches to Producing			•	
11/08/2022 Mindful Practices for Caregivers 9:00 a.m10:30 a.m. ST10123646 Rachael Theis 1.5  Challenging Behavior Session Two: Responding Appropriately to Challenging Behavior 10:00 a.m1:30 p.m. ST10124194 Katy Carpenter 2.5  Leading, Encouraging, & Developing Resilient Early Learning Environments 12:00 p.m-3:00 p.m. ST10123705 Lynn Belhorn 3  Prescriptions for Preventing Power Struggles 9:00 a.m11:30 a.m. ST10123647 Rachael Theis 2.5	11/08/2022		• •		•	
11/09/2022 Responding Appropriately to Challenging Behavior 10:00 a.m1:30 p.m. ST10124194 Katy Carpenter 2.5  11/09/2022 Leading, Encouraging, & Developing Resilient Early Learning Environments 12:00 p.m-3:00 p.m. ST10123705 Lynn Belhorn 3  11/10/2022 Struggles 9:00 a.m11:30 a.m. ST10123647 Rachael Theis 2.5	11/08/2022		9:00 a.m10:30 a.m.	ST10123646	Rachael Theis	1.5
Resilient Early Learning Environments 12:00 p.m-3:00 p.m. ST10123705 Lynn Belhorn 3  11/10/2022 Prescriptions for Preventing Power Struggles 9:00 a.m11:30 a.m. ST10123647 Rachael Theis 2.5  Planning for the Unexpected in	11/09/2022	Responding Appropriately to Challenging Behavior	10:00 a.m1:30 p.m.	ST10124194	Katy Carpenter	2.5
11/10/2022         Struggles         9:00 a.m11:30 a.m.         ST10123647         Rachael Theis         2.5           11/10/2022         Planning for the Unexpected in	11/09/2022	Resilient Early Learning Environments	12:00 p.m-3:00 p.m.	ST10123705	Lynn Belhorn	3
	11/10/2022	Struggles	9:00 a.m11:30 a.m.	ST10123647	Rachael Theis	2.5
	11/10/2022		12:00 p.m2:30 p.m.	ST10123710	Lynn Belhorn	2.5

11/10/2022	Recognizing & Respecting Individual Differences	6:00 p.m8:30 p.m.	ST10123247	Jim Flynn	2.5
11/14/2022	Creating Teamwork & Motivation	9:00 a.m11:30 a.m.	ST10123247 ST10123429	Jim Flynn	2.5
	Prescriptions for Preventing Power	7.00 u.m. 11.30 u.m.		·	
11/14/2022	Struggles	5:00 p.m7:30 p.m.	ST10123711	Lynn Belhorn	2.5
	Challenging Behavior Session One:				
11/15/2022	Understanding & Preventing				
	Challenging Behavior	3:00 p.m5:30 p.m.	ST10123712	Lynn Belhorn	2.5
11/16/2022	I'm Not Your Friend! Bullying in	0.00	GE10100 (10	D 1 1 1 1 1 1 1	2
	Preschool  Challenging Balancing Species Thomas	9:00 a.m12:00 p.m.	ST10123648	Rachael Theis	3
11/16/2022	Challenging Behavior Session Three: Behavior Planning	10:00 a.m1:30 p.m.	ST10124195	Katy Carpenter	2.5
11/16/2022	You Are Amazing	6:30 p.m8:30 p.m.	ST10124193 ST10123431	Jim Flynn	2.3
11/10/2022	No Worries! Helping Young Children	0.30 p.m8.30 p.m.	3110123431	JIIII FIYIIII	
11/22/2022	Cope	9:00 a.m10:30 a.m.	ST10123639	Rachael Theis	1.5
	Emotional & Social Safety in the	7.00 a.m10.30 a.m.	5110123037	Racilaci Tilcis	1.5
11/28/2022	Workplace	6:00 p.m8:30 p.m.	ST10123433	Jim Flynn	2.5
	Challenging Behavior Session Two:	, and the second second			
11/29/2022	Responding Appropriately to				
	Challenging Behavior	3:00 p.m5:30 p.m.	ST10123713	Lynn Belhorn	2.5
11/30/2022	Exploring Gender & Gender				
11/30/2022	Expression in Young Children	9:00 a.m12:00 p.m.	ST10123434	Jim Flynn	3
11/00/000	Why Do They Do That?				
11/30/2022	Understanding Behaviors That Push Our Buttons	9:00 a.m11:30 a.m.	ST10123650	Rachael Theis	2.5
11/30/2022			TBA		2.5
11/30/2022	Challenging Behavior Session Four Exploring & Understanding Behavior	10:00 a.m1:30 p.m.	IDA	Katy Carpenter	2.3
11/30/2022	Through the Context of Sensory				
11/30/2022	Systems	4:30 p.m6:30 p.m.	ST10123714	Lynn Belhorn	2
12/01/2022	Taking Care of Ourselves	9:00 a.m11:00 a.m.	ST10121474	Lynn Belhorn	2
12/01/2022	Where the Boys Are Version 3.0	6:00 p.m9:00 p.m.	ST10123436	Jim Flynn	3
	Attachment: The Basics-Beyond the	0.00 p.m. 7.00 p.m.	5110125450	Jiii i iyiii	3
12/05/2022	Hugs & Kisses	9:00 a.m12:00 p.m.	ST10123715	Lynn Belhorn	3
12/06/2022	•			J	-
`	Practicing Mindfulness	12:30 p.m2:00 p.m.	ST10123651	Rachael Theis	1.5
	Challenging Behavior Session Three:				
12/06/2022	Behavior Planning for Challenging		<b>~</b>		
1.2.10.2.12.2.2.2	Behavior	3:00 p.m5:30 p.m.	ST10123716	Lynn Belhorn	2.5
12/07/2022	What Can the IECMHC Do For You?	10:00 a.m11:45 a.m.	ST10124210	Katy Carpenter	1.5
12/07/2022	Engaging, Understanding, &	0.00 12.00	GE10133.553	D 1 1777 :	2
	Appreciating Families	9:00 a.m12:00 p.m.	ST10123652	Rachael Theis	3
12/07/2022	Being Conscious: Working with Infants & Toddlers	6:00 p.m8:30 p.m.	ST10123438	Jim Flynn	2.5
12/08/2022	Stress Management for Caregivers	9:00 a.m11:30 a.m.	ST10123458 ST10123653	Rachael Theis	2.5
12/08/2022		7.00 a.m11.30 a.m.		Lynn Belhorn	
12/00/2022	Flip It! (1 of 2)	5:00 p.m8:00 p.m.	ST10123556	Katy Carpenter	3
12/09/2022	Taking on Transitions; The Basics	12:00 p.m2:00 p.m.	ST10123717	Lynn Belhorn	2
12/10/2022	Where The Boys Are 3.0	9:00 a.m12:00 p.m.	ST10123717	Lynn Belhorn	3
12/10/2022	Where the boys Are 3.0	7.00 a.m12.00 p.m.	5110123022	Lynn Demon	3

12/12/2022	Toxic Stress to Safe Zone: Responding	11 20 2 20	CT10102710	, D 11	
	to How Trauma Impacts Behaviors	11:30 a.m2:30 p.m.	ST10123718	Lynn Belhorn	3
12/13/2022	DECA (1 of 2)			Master Trainer	
12/13/2022	Required for IECMH Credential	9:00 a.m4:00 p.m.	ST10122367	Team	6
12/14/2022	DECA (2 of 2)			Master Trainer	
12/14/2022	Required for IECMH Credential	9:00 a.m4:00 p.m.	ST10122367	Team	6
12/15/2022				Lynn Belhorn	
12/13/2022	Flip It! (2 of 2)	5:00 p.m8:00 p.m.	ST10123556	Katy Carpenter	3
	Toxic Stress to Safe Zone Part 2:				 
12/19/2022	Becoming a Trauma Informed Early				
	learning Professional	11:30 a.m2:30 p.m.	ST10123719	Lynn Belhorn	3
12/19/2022	Prescriptions for Preventing Power				
12/17/2022	Struggles	6:00 p.m8:30 p.m.	ST10123440	Jim Flynn	2.5
12/20/2022	Understanding Behavior through the				
12/20/2022	Context of Sensory Systems	9:00 a.m10:30 a.m.	ST10123654	Rachael Theis	1.5
12/20/2022	Challenging Behavior Session Four:				
12/20/2022	Interventions for Challenging Behavior	3:00 p.m5:30 p.m.	ST10123720	Lynn Belhorn	2.5
12/21/2022	Prescriptions for Preventing Power				 
12/21/2022	Struggles	9:00 a.m11:30 a.m.	ST10123721	Lynn Belhorn	2.5
12/22/2022	Engaging, Understanding, &				<del>_</del>
12/22/2022	Appreciating Families	9:00 a.m12:00 p.m.	ST10123443	Jim Flynn	3
12/22/2022	Baby Talk: The Basics-The Power of				 
12/22/2022	Conversation with Infants & Toddlers	12:00 p.m2:30 p.m.	ST10123722	Lynn Belhorn	2.5

#### Training Descriptions are available on OCCRRA.org

In response to Covid 19, many professional development and training opportunities are being offered in an online platform (ZOOM). Please check the Ohio Professional Registry at occrra.org

#### **Ohio Professional Registry**

The Ohio Professional Registry is a centralized information system for early childhood and afterschool professionals. Ohio's web based professional registry allows professionals to document and track their career growth and accomplishments as well as to search and register for training opportunities offered statewide.

OCCRRA also coordinates the Early Childhood Mental Health and Ohio Infant Mental Health Credentials processes, as well as the "Ohio Approved" process for professional development opportunities. The goal is to ensure early learning and afterschool professionals receive high-quality professional development to maximize the learning and development of children in their care. Visit your Registry profile to apply to be an Ohio Approved Instructor, create a Training Organization, and submit professional development for Ohio Approval.

#### **Get Started**

To get started, create a profile, upload your supporting documents and be recognized for your experience, education, credentials and training in the Ohio Professional Registry. Follow the new user guide to learn how to document your employment, education and training to fulfill Ohio's Early Childhood Mental Health and Infant Mental Health credentialing requirements.

#### Infant and Early Childhood Mental Health Consultant Credential

The Infant and Early Childhood Mental Health Consultation (IECMHC) Program objectives are to build protective factors in young children (from birth to six years of age who are at risk for abuse, neglect, and poor social/emotional health), increase skills of parents and promote the competencies of early childhood providers. IECMHC targets the

healthy social and emotional development of all young children in Ohio to ensure they thrive and achieve success in school. Consultation requires practitioners to have formal preparations, certifications and licensure in children's mental health and experience working with young children and their families.

Since 2000, Ohio has recommended that IECMH practitioners be licensed mental health professionals. Everyone applying for an IECMH Credential will need to complete a personal profile in the *Ohio Child Care Resources and Referral Association's* (OCCRRA) Professional Development Registry. If already completed, you would not have to reenter for the credential. You will need your OPIN number and to have met the Core Competencies course requirements.

Please note, to obtain the IECMHC, the Ohio Model of Infant and Early Childhood Mental Health Consultation and the Devereux Early Childhood Assessment (DECA) trainings are required. An additional fifteen hours of training must be completed in the flowing areas: social emotional growth and development, family & community relations, assessment, interventions, and cultural and linguistic competency. Please visit <a href="https://occrra.org/ohio-professional-registry/early-childhood-mental-health/">https://occrra.org/ohio-professional-registry/early-childhood-mental-health/</a> for complete guidance.

#### Ohio Infant Mental Health (OIMH) Credential - Established March 2020

The launch of the Ohio Infant Mental Health (OIMH) Credential expands our formalized specialization and certification of the IECMH professions in Ohio. The overarching purpose of this OIMH credential is endorsed by the Governor's Office to achieve the Goal of implementing a set of nationally recognized skills and core competencies that will be developmentally appropriate and anchored in relationship-based practices that support the needs of infants and caregivers to reach their greatest wellness.

The Three (3) OIMH Credential Levels are Ohio Infant Family Affiliate Level I (OIFA-I) Ohio Infant Family Practitioner Level II (OIFP-II) Ohio Infant Mental Health Practitioner Level III (OIMHP - III). Every early childhood system partner including providers of child care, early learning and education, home visiting, early intervention, maternal health, and infant and early childhood mental health plays a key role in the achievement of good infant/caregiver outcomes. Ohio recognizes the need for early childhood system professionals to have specialized skills and training while working with Ohio's pregnant women, infants, and toddlers. As such, the Ohio Infant Mental Health Credential is accessible to all Ohio early childhood professionals and is leveled to the right scope of practice for each service-delivery system partner.

 $\underline{https://mha.ohio.gov/Schools-and-Communities/Educators/Early-Childhood-Mental-Health/Infant-Mental-Health-Credential}$ 

## IECMHC Resources Devereux

Tools & Recourses for Infant/Early Childhood Mental Health Consultants

https://centerforresilientchildren.org/iecmhc/

**Devereux Center for Resilient Children (DCRC) Resources** 

https://centerforresilientchildren.org/free-resources/

Georgetown University
Center of Excellence for Infant & Early Childhood Mental Health Consultation
<a href="https://www.iecmhc.org/virtual-trainings-portal/">https://www.iecmhc.org/virtual-trainings-portal/</a>

Yale University
Yale School of Medicine Child Study Center Webinar Calendar

https://medicine.yale.edu/childstudy/search/?entityType=Event&calendar=childstudy

# Additional Training Resources: **Infant Mental Health Credential**Online Trainings

Below are available **Asynchronous** Trainings (online, pre-recorded, not delivered in real time)

Title	OCCRRA ST#	Training Author
Building Resiliency in Infants, Young Children, and Their Caregivers	ST10120224	Misty Cole
Failure to Thrive (FTT) What Touch Can Do (Tiers II & III)	ST10108144	William Mosier
IECMH Assessment: What's Out There and How It Benefits Treatment (Tiers II & III)	ST10120461	Dr. Jennifer Lackey Misty Cole
Infant Mental Health: Cognition Growth and Development (Tiers II & III)	ST10116372	Ross Nunamaker
Infant Mental Health Interventions & Treatment Modalities (Tier III)	ST10108141	Erin Lucas
Supporting Families & Caregivers w/Infants that Have Complex Needs (Tiers II & III)	ST10108103	Grace Schoessow
Why Race Matters in IMH Outcomes (Tiers I, II & III)	ST10108142	Dr. Janeese Warfield
Why Place Matters in IMH Outcomes (Tiers I, II & III)	ST10108149	Jon Kinsel
Neonatal Abstinence Syndrome (Tiers II & III)	ST10124032	Maria Jirousek
Neonatal Abstinence Syndrome: Prenatal to Four Months (Tiers II & III)	ST10120517	Visiting Presenter
Toxic Stress to Safe Zone (Tiers II & III)	ST1018152	Misty Cole

#### **Maintaining Your Record**

Each time you complete training, acquire education and credentials, or change employment, please update your professional profile as soon as possible. Be sure to upload required documentation for verification after changes are made.

<u>Contact the Ohio Professional Registry</u> <u>https://occrra.org/our-resources-page/</u>
• Phone: (614) 396-5959 • Toll-free: (877) 547-6978 • Email: credential@occrra.org

#### **Whole Child Matters Partner Agencies**

Ohio Partnership to Prevent Preschool Expulsion Hotline: 1-844-678-2227 The Whole Child Matters initiative promotes a strong mental health foundation for children in an effort to reduce preschool and kindergarten expulsions. Services include on-site interventions and child/family-focused help to parents, teachers and staff. The map below shows the providers serving particular counties or regions. For more information, please visit <a href="https://mha.ohio.gov/static/Portals/0/assets/SchoolsAndCommunities/Educators/NACH-2730-Preschool-Expulsion+flier07ee.pdf">https://mha.ohio.gov/static/Portals/0/assets/SchoolsAndCommunities/Educators/NACH-2730-Preschool-Expulsion+flier07ee.pdf</a>

**Alcohol, Addiction, and Mental Health Boards** (**ADAMH**) Ohio has a county-operated, state supervised behavioral health system made up of area behavioral health authorities, or boards. These boards plan, evaluate, and fund mental health and addiction services locally. The boards contract with a wide range of providers for prevention, treatment and recovery support for their community members. For your county's information, please visit <a href="https://mha.ohio.gov/community-partners/adamh-boards">https://mha.ohio.gov/community-partners/adamh-boards</a>

For a full list of Ohio's Whole Child Matters' Partners, please visit <a href="https://mha.ohio.gov/community-partners/early-childhood-children-and-youth/early-childhood-mental-health/whole-child-matters-map">https://mha.ohio.gov/community-partners/early-childhood-children-and-youth/early-childhood-mental-health/whole-child-matters-map</a>

### **Contact OhioMHAS Training Institute Administrative Staff**

**Lisa Golden, LISW-S, IECMH** Lead Administrator, OhioMHAS Lisa.Golden@mha.ohio.gov

**Maureen Black, Ph.D.,** IECMH Workforce Development Consultant <a href="Maureen.Black@mha.ohio.gov"><u>Maureen.Black@mha.ohio.gov</u></a>

**Grace Kolliesuah,** Chief, Bureau of Children, Youth & Families Grace.Kolliesuah@mha.ohio.gov

